**End of Me Week 5**

**Hunger and Thirst**

Small Group Questions

What do people usually try to do when they feel empty?

Is it good to know that the blessed life is not one that is fully satisfied at all times but includes some hunger, thirst and emptiness?

DL Moody said that, “God sends no one away empty except those who are full of themselves.” What do you think of that quote?

What do you think people fill themselves with most?

What do you fill your emptiness with most?

What are ways that you think will help you to get filled with the spirit?

What do you think it means to hunger and thirst for righteousness? Is there a way that you can point your hunger and thirst that direction?

Do you think if people knew what it was like to be filled by God they would stop getting full on things that don’t satisfy?

Why do you think people tend to come to God full rather than empty?

What would it take for you to remain empty until God fills you?

**Psalm 107:9**- for he satisfies the thirsty and fills the hungry with good things.

Pray that you would seek out his filling and find it for yourselves!